

Jordan, McDowell lead teams to top-10

By Matt Smith
Sports Editor

The Black and Gold men's and women's track teams both posted impressive results March 13 at the UNC Wilmington Seahawk Invitational, as the men's team took home fourth place at the event and the women's team posted a sixth place finish.

For the men, junior Karlos Jordan led the Braves with the highest finish, as the Jacksonville, N.C., native took home a third place finish in the 100 meter dash with a

time of 11.02. UNCP junior Jessica McDowell took top honors for the women's team, finishing fifth overall in the long jump with a jump of 5.55 meters.

The men's team finished the event, which featured both Division I and Division II opponents in fourth place by posting a team score of 44 points. Buffalo led all men's teams with 243 points and host UNC Wilmington took home second place with 224 points. Northeastern and UNC Greensboro rounded out

the top-5 with 68 and 34 points, respectively.

Overall, the Black and Gold men's team had 14 top-10 finishers.

In the hammer throw, junior Pat Bowles placed ninth overall with a throw of 36.81 meters. Sophomore Jonathan Wing joined Bowles in the top-10 by placing 10th with a throw of 36.23 meters.

The Braves had one competitor place in the top-10 in the javelin throw, as senior Davis Lynn took home a 10th place finish with a throw

of 41.19 meters.

Freshman Pardon Ndhlovu also picked up two top-5 finishes at the event, placing fifth in both the 1500 meter run with a time of 4:04.29 and the 800 meter run with a time of 1:57.18.

Women's team competes

The Lady Braves had an almost equally impressive showing at the event, totaling 11 top-10 finishers while placing sixth overall with a team score of 29.

UNC Wilmington took home top overall

honors on the women's side with a score of 195. Buffalo placed second with a score of 183.50 and Northeastern took third with a 145. North Dakota (93.50) and East Carolina (30) rounded out the top-5.

The Lady Braves had two competitors place in the top-5 in the shot put, as junior Katherine Davis and freshman Diricka Mitchell took fifth and seventh place, respectively.

Mitchell also finished 10th in the discus throw with a toss of 27.87

meters and was joined in the top-10 by junior Nicole Hill with a ninth place finish with a throw of 29.81 meters in the contest.

The Black and Gold relay team of McDowell, Lia Tabor, Montreal Barnette and India Golden took home seventh place in the 4x100 meter relay with a time of 51.43.

The men and women's track teams will next be in action March 19, as the teams travel to Coastal Carolina for the 2010 Shamrock Invitational.

UNCP men take first at Savannah State

By Nick Phillips
Asst. Sports Editor

The UNCP track and field teams competed in the Savannah State Eye Opener on Feb. 27, with both teams finishing with impressive results.

On the men's side, the Braves took home first place honors with 111 team points and 24 overall top-10 finishers. For the women, the Lady Braves finished sixth overall with 49 team points and 15 top-10 finishers.

UNCP freshman Pardon Ndhlovu took home first place in the 5000-meter run with his time of 15:34.45, while

6'2" was good enough to land freshman Darel Crook top honors in the high jump, and Al Davis' 117'0" discus toss was the longest in the field, also earning him a first place honor as well.

The men's 4x400-meter team, consisting of Darryl Mott, Tyrie Webb, Jonathan Williams and Devan Cureton, also finished first with their time of 3:28.76.

Lady Braves compete

Freshman Annette Sem took second place in the 5000-meter run with her time of 19:46.93, while her junior teammate Bonnie MacDonald ran

20:03.77 to finish third in the same race. Junior Jessica McDowell's 16'7.5" distance in the long jump also earned her third place honors.

The Lady Braves also placed impressively in the 1500 meter run, as junior Catherine Shoemaker and freshman Woodi Jones placed sixth and ninth respectively. Shoemaker finished the run in 5:35.35 while Jones finished just behind her with a time of 5:40.90.

Overall, the Lady Braves' 49 points left them 80 points back of Savannah State who took first overall with a team score of 129.

Ndhlovu qualifies for NCAA

By Matt Smith
Sports Editor

The men and women's track teams both competed at the University of North Florida Spring Break Invitational March 5-6, with the women's team leading the way with eight top-10 finishers.

The men's team boasted six top-10 finishers at the event.

Sophomore Kye Tennyson posed the best individual result for the Lady Braves, using a 1.60 meter jump in the high jump to place second in the event. Tennyson also placed sixth in the 400 meter dash with a time of 58.11.

MacDonald leads

For the women's team, junior Bonnie MacDonald posted the

second best finish for the Lady Braves, placing fifth in the 5000 meter run. MacDonald posted a time of 19:15.69 in the event. MacDonald was joined in the top-10 by teammate Annette Sem, who finished ninth with a time of 19:51.64.

Junior Jessica McDowell finished the event with an eighth place finish in the long jump with a leap of 5.14 and junior Katherine Davis rounded out the team's top-10 competitors with a sixth place finish in the discus throw with a toss of 35.50 meters.

For the men's team, junior Karlos Jordan led the Black and Gold with a second place finish in the 200 meter dash. Jordan posted a time of 21.76 to finish in the top-5.

Junior Maurice

Eubanks posted a fourth place finish in the finals of the 100 meter dash, improving his position by three spots after the preliminaries. Eubanks used a time of 10.74 to finish fourth.

UNCP freshman Pardon Ndhlovu continued his successful start to the 2010 season with a second place finish in the 5000 meter run. Ndhlovu posted a time of 14:43.48. With his time, Ndhlovu qualified for the NCAA National Championships, beating the mark required by the NCAA by just under two seconds.

The Braves' 4x100 meter relay team also posted a top-10 finish as Brandon Eaddy, Bruce Strickland, Eubanks and Jordan posted a combined time of 41.66 to finish third overall.



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