

UNC Pembroke
BS Athletic Training Course of Study
 Effective Fall 2016

Freshman—Fall	Freshman—Spring
UNV 1000 Freshman Seminar (1) *ENG 1050 Composition I (GE) (3) *MAT 1070 College Algebra (GE) (3) *EXPH 2100 Anat and Phys I (3) *EXPH 2110 A&P I Lab (1) Gen Ed Course (3) Gen Ed Course (3) 17	*ENG 1060 Composition II (GE) (3) * MAT 2100 Intro to Statistics (GE Elect) (3) *+ATH 1040 Intro to Athl Train (3) *EXPH 2220 Anat and Phys II (3) *EXPH 2210 A&P Lab II (1) *EXPH 3450 Kinesiology (3) *EXPH 3460 Kinesiology Lab (1) 17 +50 observation hours under the direct supervision of a Certified Athletic Trainer must be completed during ATH 1040
Sophomore—Fall	Sophomore—Spring
*BIO 1030 or 1000 (Gen Ed) (3) *HLTH 1060 Safety/First Aid (1) *HLTH 2100 Nutrition (3) *EXPH 4100 Biomechanics (3) *EXPH 4110 Biomechanics Lab (1) Gen Ed Course—Literature (3) Gen Ed Course (3) 17	ATH 2000 Clinical Educ. I (2) ATH 2040 Lower Extremity Assess. (3) ATHL 2045 Lower Extremity Lab (1) ATH 3200 Emergency Procedures (3) EXPH 4120 Exercise Physiology (3) EXPH 4130 Exercise Physiology Lab (1) PE Activity course (1) PE Activity course (1) 15
Apply to ATP (November 15 deadline)	
Junior—Fall	Junior—Spring
ATH 2010 Clinical Educ. II (3) ATH 2050 Upper Extremity Assess. (3) ATHL 2055 Upper Extremity Lab (1) ATH 2900 Evidence-Based Practice (3) ATH 3050 Therapeutic Exercise (3) ATHL 3050 Therapeutic Ex. Lab (1) 14	ATH 3000 Clinical Educ. III (3) ATH 3040 Therapeutic Modalities (3) ATHL 3040 Therap. Modalities Lab (1) ATH 3310 Exercise and Nutrition Rx (2) Gen Ed Elective (Not NS&M) (3) 16
Senior—Fall	Senior—Spring
ATH 4110 Clinical Educ IV (3) ATH 4100 Gen Med/Pharm I (2) ATH 4050 Organ & Admin (3) ATH 4970 BOC Prep I (2) Gen Ed course (3) 13	ATH 4220 Clinical Educ. V (3) ATH 4200 Gen Med/Pharm II (2) ATH 4980 BOC Prep II (1) Gen Ed course (3) Gen Ed course (3) 12

***Pre-requisite courses required for admission to AT Program**
GE = General Education course

For more information, please contact Susan Edkins, Program Director at
susan.edkins@uncp.edu or (910) 521-6480

BS Athletic Training

General Education Courses (44 hours)

___ UNV 1000 Freshman Seminar

___ ENG 1050 Composition I

___ ENG 1060 Composition II

Humanities—Choose 1 from each category below

___ Fine Arts (ART 1450, 2050, 2080, 2090, THE 2500, MUS 1020, 1040, 2940 or 2980)

___ Literature (ENG 2010, 2020, 2030, 2050, 2060, 2080, 2090, 2100, 2180, 2190, 2200, 2230, 2240, 2410, 2470, or 2480)

___ History (HST 1010, 1020, 1030, 1100, 1110, 1140, or 1150)

___ Philosophy and Religion (PHI 1000, 1010, 2040, 2070 or REL 1080 or 1300)

Social Science—Choose 3 of the 5 below

___ Economics (ECN 1000, 2020, 2030 or 2410)

___ Geography (GGY 1010, 1020, 2000 or 2060)

___ Political Science (PLS 1000 or 1010)

___ Psychology (PSY 1010)

___ Sociology (SOC 1020, 1050, or 2090)

___ HON 1000 & 2750 may be used for two of the courses

Natural Sciences Required Courses

___ BIO 1000 or 1030 (*pre-requisite*)

Natural Sciences—Choose 1 of the following

___ Chemistry (1300 or 1400)

___ Earth Science (GLY 1150, 2460)

___ Physical Science (PHS 1100, 1560 or PHY 1000, 1500, or 2000)

Math Required Course

___ MAT 1070 *College Algebra (pre-requisite)*

PE 1-Hour Activity Course

___ 1. _____

___ 2. _____

General Education Electives

___ MAT 2100 *Statistics (pre-requisite)*

___ *Gen Educ Elective Course (From Arts and Humanities or Social Science Divisions)

Departmental Pre-Requisite Courses (23 hrs)

___ PED 3490 *Anatomy and Physiology (3)*

___ EXPH 2110 *A&P I Lab(1)*

___ EXPH 2220 *A&P II (3)*

___ EXPH 2210 *A&P II Lab (1)*

___ EXPH 3450 *Kinesiology (3)*

___ EXPH 3460 *Kinesiology Lab (1)*

___ EXPH 4100 *Biomechanics (3)*

___ EXPH 4110 *Biomechanics Lab (1)*

___ ATH 1040 *Intro to Ath Training (3)*

___ HLTH 1060 *Safety and First Aid (1)*

___ HLTH 2100 *Applied Nutrition (3)*

Departmental Major Required Courses (56)

___ ATH 2000 *Clinical Educ. I (2)*

___ ATH 2010 *Clinical Educ. II (3)*

___ ATH 2040 *Lower Ext. Assessment (3)*

___ ATH 2045 *LE Assessment Lab (1)*

___ ATH 2050 *Upper Ext. Assessment (3)*

___ ATH 2055 *UE Assessment Lab (1)*

___ ATH 2900 *Evid Based Pract—WE (3)*

___ ATH 3000 *Clinical Educ. III (3)*

___ ATH 4110 *Clinical Educ. IV (3)*

___ ATH 3040 *Therapeutic Modalities (3)*

___ ATHL 3040 *Therap Modalities Lab (1)*

___ ATH 3050 *Therapeutic Exercise (3)*

___ ATHL 3050 *Therap Exercise Lab (1)*

___ ATH 3200 *Emergency Procedures (3)*

___ ATH 3300 *Exer/Nutr Prescription (2)*

___ ATH 4220 *Clinical Educ. V—WD (3)*

___ ATH 4050 *Org/Adm of AT—WE (3)*

___ ATH 4100 *Gen Med/Pharm I (2)*

___ ATH 4200 *Gen Med/Pharm II (2)*

___ ATH 4970 *BOC Prep I (2)*

___ ATH 4980 *BOC Prep II (1)*

___ EXPH 4120 *Ex Phys (3)*

___ EXPH 4130 *Ex Phys Lab (1)*