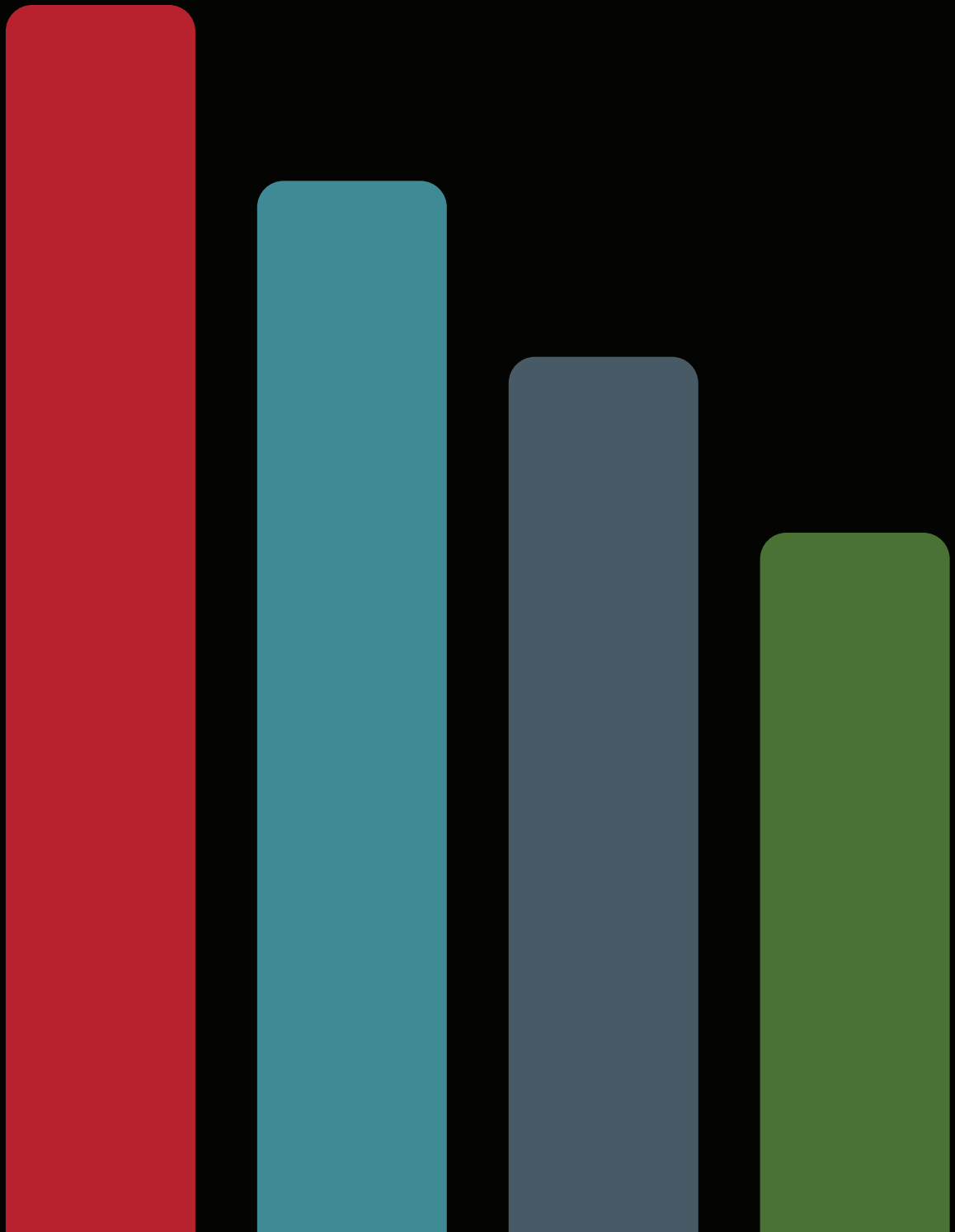


Division of Student Affairs

2022-23 Annual Report





BraveNation:

The UNCP Division of Student Affairs had a successful and productive year.

In the fall, we launched the 1887 Society to recognize seven students whose personal journey at UNCP demonstrates service, learning, engagement, leadership, integrity, school spirit and courage.

The Society honors the year of our founding and our seven founders. Each year these top student leaders will be recognized on the Chavis Student Center wall with their photo and bio. Student Affairs also hosted Milkshake Monday on the last Monday of each month to engage with students in an informal setting and gather their concerns, praises and ideas. Thousands of free milkshakes and engaged conversations were enjoyed. The Distinguished Speaker Series underwent a revamp this year with an increased focus on alumni panels paired with etiquette dinners which quickly became a hot ticket. We concluded the year with a new tradition—the inaugural Student Leadership Awards Banquet was hosted in April 2023 and recognized the top student leaders, clubs/organization and programs from the past year. It was a wonderful evening of celebration and recognition.

In an effort to recruit and retain top employee talent, the division hosted a robust professional development program for employees to support their work with student success and create a culture of excellence. In addition, we sent two division staff to the NASPA/SACSA Mid Managers Institute at UNCW and two to the New Professional Institute at USC Upstate. These preeminent sessions are week long, in depth, residential experiences aimed at personal and professional growth of participants. Over the past year, the division secured over \$1.5 million in grants and gifts in support of students and our work including a U.S. Department of Education grant, SECU grant and multiple UNC System grants related to mental health and wellness. Facilities upgrades this year included completion of the Chavis fireplace project and upgrades to the Hawks Nest and Chavis electronic sign/landscaping. Campus Recreation completed a Wellness Center branded floor and frisbee golf course upgrades and Housing finished painting in North Hall, Oak Hall flooring and upgrades to the Courtyard clubhouse.

It is a privilege and honor to highlight the work of the wonderful team members in the Division of Students Affairs. Our team works each and every day to support student recruitment, enrollment, matriculation, retention and graduation. Our work is under the umbrella of the Brave Experience, a unique student development plan that exposes students to all the skills and experiences they need to be successful students, graduates and employees. We are excited for the things on the horizon in 2023-24 as we work daily *launching dreams!*

Sincerely,



Jeff Howard, EdD
Vice Chancellor for Student Affairs





BRAVE EXPERIENCE

The Brave Experience supports student development, learning and success by engaging students in experiences that inform and promote leadership, active and responsible citizenship, career and academic exploration and safe and inclusive communities.

These experiences support recruitment, enrollment, retention, matriculation and graduation through the four domains of the Brave Experience Engagement Model.

The Brave Experience Engagement Model was created by faculty, staff and students to capture curricular and co-curricular student engagement. The model design builds significance through connection to the historical mission and culture of our campus and community.

This version of the model should inform and educate faculty and staff to assist in their student engagement efforts and ensure a holistic Brave Experience that supports student development, learning and success.

BRAVE EXPERIENCE

LEARNING

Support student development and success through engagement in transformative educational experiences in and beyond the discipline that encourage a self-motivated pursuit of knowledge.



SELF-EXPLORATION

Being aware of the beliefs, skills, values, attitudes, identities and emotions that motivate one to take action to advance personal and academic growth.



EXPERIENTIAL LEARNING

The ability to build upon multidimensional points of knowledge acquired over time and applied to new experiences in and outside the classroom.



REFLECTION

Examine and make meaning of past educational and life experiences, challenge perspectives, expand knowledge and articulate one's personal practice of leadership through a critique of significant experiences.

BELONGING

Cultivate a sense of inclusion through active engagement and participation in initiatives that support relationship development, engagement in learning and discourse and the exploration of pathways that help in achieving personal and career aspirations.



SOCIAL

Understanding and examining oneself within the context of forming and cultivating positive and significant interpersonal relationships.



ACADEMIC

Participation in interdisciplinary academic discourse, exploring, identifying and engaging in academic pursuits that connect to relevant opportunities.



CAREER

Exploring interests, passions and ideas to generate a body of experiences that allow one to articulate career aspirations and job readiness.

COMMUNITY

Engage with others in the mutually beneficial exchange of knowledge and resources to create and strengthen supportive and collaborative environments on and off campus.



SERVICE

Engaging in practices that create change, identify and challenge social injustices and impact the lives of others in local, national and global communities.



CITIZENSHIP

Actively engaging in the community, embracing civic responsibility and working toward social change.



CULTURE

Active participation in the collaborative exchange of ideas, exploration of the arts, history, social institutions and achievement of those different from oneself.

WELL-BEING

Encourage students to identify, develop and practice healthy habits that promote a sustainable balance of one's mental, physical and emotional wellness.



RESILIENCE

The ability to overcome adversity through persistence and effective use of positive coping skills.



HEALTH

Dedication to a sustainable lifestyle that promotes a well-balanced body, mind and spirit through positive decision making.



CONGRUENCE

Actively aligning one's personal and community values with their thoughts, beliefs and actions.

Student Health Services

Student Health Services (SHS) is committed to providing affordable, accessible and high-quality health care services to those eligible through health promotion and disease prevention programs. SHS strives to meet the demonstrated needs of our diverse student population, in accordance with the core values, vision and mission of The University of North Carolina at Pembroke and the Division of Student Affairs.

Health and Wellness Expo

This event serves as both an opportunity for student engagement and a clinical learning experience for nursing students. Students who attend this event receive access to free health screenings, including blood pressure and mental health screenings. The Health and Wellness Expo also features fitness demos, games and healthy smoothie recipes and samples. This event is sponsored by the Student Affairs Health and Wellness committee and the School of Nursing.

Pembroke Day

Pembroke Day is a collaboration between the university, the town of Pembroke, local businesses and supporters that dates back to 1990. SHS organized 42 health agencies to provide free health screenings for things such as high blood pressure and diabetes, breast exams and nutritional education. Approximately 34 influenza and seven Covid-19 vaccinations were completed.

4 Quarterly Blood Drives

168 Total Donors

504 Potential Impact of Lives Saved





Driver Safety Event

The event included education for driving alertness and car seat safety, drunk driving simulations, corn hole games and spring break wellness tips. Nursing students provided free blood pressure screenings to those in attendance. The event aims to provide important information to students in an enjoyable environment. Total attendance for the week was over 200 students. This three day event, held February 28-March 2, is co-sponsored by the Health & Wellness departments, as well as EHS, Campus Police, School of Nursing, Healthy Start and BeRAILSafe.

4,116

Total
Patient
Visits



2,346

Nurse Practitioner Visits

1,770

Nurse Only Visits

24

Health
Promotion
Programs

365

Unique
Student-Clients

3,873

Appointments

104

Mental Health First
Aid Certifications

73

Suicide Prevention
Education Events

Counseling and Psychological Services

Counseling and Psychological Services (CAPS) provides clinical mental health services to support the well-being and academic success of students and contributes to a healthy campus climate. This is accomplished by providing individual and group counseling, crisis management, consultation and referral services and prevention education to the campus community.

Services

Counseling is available to all students virtually or in person. You can set up counseling services through our intake system. Counseling services include: orientation to counseling groups, psychotherapy groups, individual counseling and medication management. Consultation and referrals are also available.

Intake services are available from 9 a.m. to 3 p.m., Monday through Friday. These sessions are focused on finding the services that best meet a student's needs.

Advocacy services are free and confidential for any students who are survivors of, or accused of, sexual misconduct including stalking, rape, bullying, cyber stalking, etc.

Prevention Education Programs are offered throughout the year and address topics to include suicide prevention, substance use prevention, upstander intervention, stress management, mindfulness, student wellness and mental health stigma.





Be Brave Collegiate Recovery Community (CRC)

This program is designed to create a supportive environment within the campus culture that reinforces the decision to disengage from addictive behavior. CRC implements peer-to-peer and community support for students in recovery through support groups, sober socializing and community alliances. This community aims to create a culture of support that extends the continuum of recovery.

Student Mental Health Microgrant

UNCP understands the complexity of mental health challenges and that some students may benefit from off-campus services. The UNC System has provided UNCP with \$20,000 in microgrants to support off-campus mental health care for students who may otherwise be unable to afford the recommended care.

Protocall Crisis Line: 910.775.4749

Protocall is a 24/7 crisis line to use at any time when in emotional distress or when you can't find access to CAPS. Protocall has a team of licensed professionals who can offer students support and emergency services.

CARE TEAM

The UNC Pembroke Consultation, Advocacy, Resource and Education (CARE) Team provides faculty, staff, students, families or any other individual a resource to contact if they have concerns about a student's well-being. Our goal is to provide consultation, advocacy, resources and education to help facilitate individual success and cultivate a safe campus environment.

CARE Referrals

In general, any behavior that disrupts the learning environment or causes concern for a student's well-being should be reported. The CARE Team can help coordinate assistance for issues that include the following:

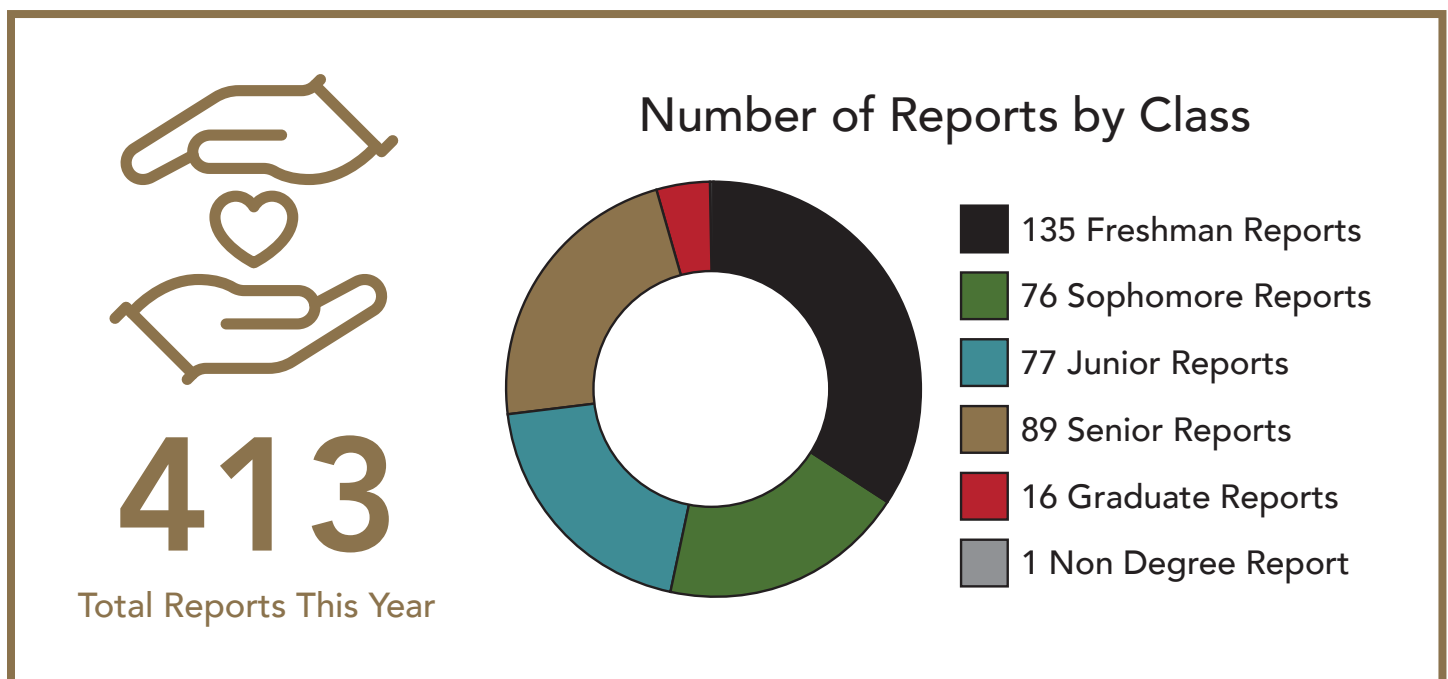
Personal Safety Concerns such as verbal or written threats or expressions of violence towards self or others (including online), threats of a weapon on campus, talk of or observed self-harm, suicidality, stalking, significant substance abuse, bias incidents, traumatic events, domestic/intimate partner violence.

Behavioral Concerns like incoherent/irrational behavior, uncontrolled anger, extreme rudeness, excessive crying, disordered eating, significant change in appearance, mood and/or social functioning, significant emotional distress.

Resource Concerns including housing, food, clothing and finances.

Common reasons for submitting a CARE report:

- Emotional distress
- Homelessness
- Family problems
- Financial concerns
- Death in family
- Change in behavior/Unusual behavior
- Delusional/Paranoid thinking or behavior
- Self-harm
- Food insecurities



Top Concerns

- Emotional Distress
- Family Problems
- Academic Distress
- Housing Concerns

Top On-Campus Referrals

85 Counseling and Psychological Services

16 Accessibility Resource Center

13 Financial Aid

9 CARE Resource Center

8 Center for Student Success

8 Housing and Residence Life

6 Student Emergency Fund



Safe@UNCP Website

Safe@UNCP was an initiative to create a website where the most crucial campus resources can be found in one place. This website assists our campus community in locating emergency and non-emergency resources in one location. SAFE@UNCP highlights Police and Public Safety, The CARE Team, Counseling and Psychological Services, Title IX, Student Health Services and Human Resources. It also provides quick access to campus police as well as multiple 24/7 hotlines including the nurse triage line and counseling crisis line.

uncp.edu/safe

Braves Asset Map

The Braves Asset map is a list of statewide resources and services that address individual needs.

Resources and Services Listed:

- Emergency Medical Services
- Transportation Services
- Substance Use Disorder Treatment Services
- Child Care Services
- Food Pantries
- Homeless Shelters and Services
- Domestic Violence Shelters and Services
- Sexual Assault Resources
- Public Safety and Security Resources
- Specialized Medical Care Facilities
- Mental Health Care Services
- Wellness Resources and Services



Student Conduct

The mission of the Office of Student Conduct is to administer a campus student discipline program that encourages students to develop as responsible adults.

Through programming, advisement and interaction, we seek to increase awareness of university expectations of student behavior, encourage civility and promote self-responsibility.

We believe in promoting an environment which encourages students to uphold community standards, enhancing community through education and striving to provide a comprehensive student discipline program that encourages all students to develop into productive members of society.

Artificial Intelligence (AI) at UNCP

Artificial Intelligence (AI) is everywhere, including UNCP, and as a result we are experiencing challenges with writing, testing and more areas involving academic integrity.

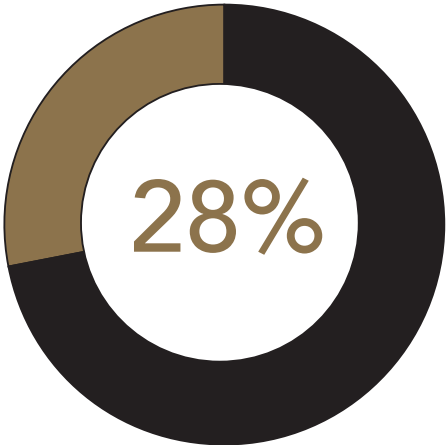
The Office of Student Conduct heard an increasing number of Academic Honor Code cases involving the alleged use of AI in courses during the 2022-2023 academic year and we are anticipating an even greater number in 2023-2024.

UNCP faculty utilize Turnitin software for detecting both percentage of similarity and AI-generated scores for submitted assignments. In addition, some professors utilize other methods beyond Turnitin to detect AI-generated and other methods (cheating, plagiarism, fabrication and falsification, abuse of academic materials, complicity in academic dishonesty and multiple submissions of work for credit), that violate the Academic Honor Code.

Students need to know that the use of any AI software is currently viewed as being academically dishonest. If a student is found responsible of violating the Academic Honor Code by using AI-generated work, it may result in a failure of the assignment, failure of the entire course, a drop of a letter grade in the course and/or more, depending on the faculty member and course.

The Office of Student Conduct will continue to closely track cases involving AI and collaboratively partner with colleagues across the university to develop new strategies—not just in detecting AI generated work—but in the development of new innovations and approaches to student learning.

Academic Honor Code Cases in 2022-23



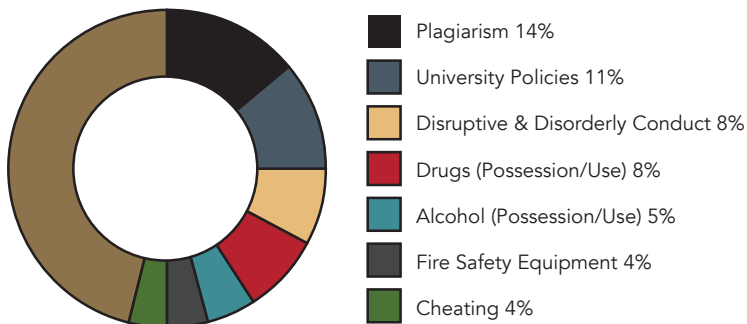
Cases Involving Artificial Intelligence

Supplemental Education Assignments

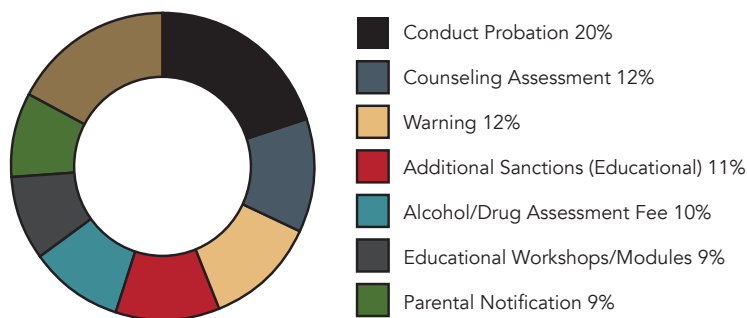
In 2022-2023, Student Conduct staff met with academic deans, 21 academic departments and Conduct Hearing Board members to discuss the Academic Honor Code process and the use of supplemental educational assignments in academic integrity cases. During the spring 2023 semester, 45% of the academic honor code cases resulted in additional educational sanctions being assigned, as compared to 15% in the fall 2022 semester. This was a 200% increase in one semester as a result of the discussions with the deans, academic departments and board members.

Looking toward the future, beginning with 2023-2024, there will be an even greater emphasis on the utilization of supplemental educational assignments to assist in student retention and degree completion.

Top 7 Most Common Charges/Violations



Top 7 Most Commonly Assigned Sanctions



Types of Cases

55%

Conduct Cases

35%

Honor Code Cases

10%

Housing Conduct Cases

Low Rate of Repeat Offenses

5%

// Watching videos and completing modules has highlighted the seemingly frivolous details around fire safety. Since completing my fire safety training, I see how my actions effect more than just myself and harming others, in any capacity, is something I would never want to do."

Student Inclusion and Diversity

Diversity enriches students' educational experiences and holistic development. The vision of the Office of Student Inclusion and Diversity (OSID) is to be a leader in developing interculturally competent students and celebrating diversity in an inclusive campus community where differences are embraced as strengths.



Educational Programming

OSID provides educational programming that promotes: increased awareness of self and others; an understanding of and knowledge about diverse cultures, identities and communities; and strategies and techniques for taking action to communicate and work with diverse groups, identify and openly discuss cultural differences and issues, challenge biases and discrimination and facilitate the development of an inclusive culture that promote belonging. Programs are open to students, staff and faculty and include topics like Safe Zone Education, Trans 101, Building Inclusive Learning Environments and other diversity, inclusion and belonging topics by request.

25

Total Sessions
Held

244

Individuals in
Attendance

Brave Dialogues

The Brave Dialogues provide an inclusive place and space for participants to engage in dialogue across differences using various dialogue frameworks that allow participants to share their views, examine and better understand social, cultural and contemporary issues and events. The OSID staff also train students, faculty and staff to use the various frameworks to facilitate dialogues within their respective spaces (e.g., classroom, student organization, peer network).

6

Braves Dialogues Hosted

52

Participants

1

Facilitator Training Held

6

Facilitators Trained

Professional Staff Addition

The associate director for Inclusive Education (ADIE) position was added in December 2022. The ADIE designs and implements education and training, facilitates the Brave Dialogues, chairs several diversity awareness planning committees and coordinates other programs and experiential activities that bolster diversity, equity, inclusion, justice, sovereignty and belonging.

Initiatives and Events

Social Justice Week

Held April 3-5, 2023, Social Justice Week provided an opportunity for students, faculty, staff and community members and organizations to come together to advance equity, inclusion and social justice. The week's events featured the Social Justice Symposium (April 3) and JusticeCon (April 4-5). The Social Justice Symposium featured a keynote speaker and breakout sessions that provided strategies and techniques for taking action against injustice. The second annual JusticeCon—a two-day comic-con experience—offered participants a chance to explore the intersection of fandom, popular culture and social change.



117

Total Registrants

35

Sessions Over Three Days

Campus Climate Survey

OSID, in conjunction with the Inclusion and Diversity Council and the Office of Institutional Research, administered the Campus Climate Survey March 20-April 28, 2023. In separate surveys, UNCP students, faculty and staff reported their opinions of campus climate and support for diversity, equity and inclusion.

Data from the survey was used to inform the development of student-centered programming for UNCP's diverse communities and to improve policies and practices.

342

Students Responded

287

Faculty & Staff Responded

2,098

Student Volunteers

21,759

Student-Volunteer
Hours

\$680k

Impact Value

54

Service-Learning
Courses

898

Students Enrolled in
Service-Learning

43,263

Pounds of Food
Recovered

2,978

CARE Resource
Center Visits

17,875

Pounds donated to
the CARE Center

Community & Civic Engagement

Community & Civic Engagement (CCE) changes lives through education by enhancing civic engagement competency through high-impact, service-learning opportunities and community involvement. We provide opportunities for college students to recognize their civic potential and take initiative to develop it. Students enrich and enhance their education experience through active, engaged service.

Co-Curricular Service

Community and Civic Engagement engages students in service through a variety of programs and events, including initiatives like days of service, alternative break trips and the Brave Foundations mentoring program

Program Spotlights

UNCP CCE Recognized as 2023-2024 Voter Friendly Campus

UNC Pembroke was named a Voter Friendly Campus—one of 258 campuses in 38 states and the District of Columbia by Fair Elections Center's Campus Vote Project and NASPA–Student Affairs Administrators in Higher Education. The initiative recognizes institutions that have planned and implemented practices that encourage their students to register and vote in the 2022 elections and in coming years.

Former Student Service Leader Gifts \$25,000 to CCE

UNC Pembroke Alumna Taley Hunt generously donated \$25,000 to enhance the learning opportunities provided by the Office for Community and Civic Engagement (CCE). Hunt's commitment to community engagement and service aligns perfectly with UNCP's values, making her contribution a meaningful investment in the future success of UNCP students.

CARE Resource Center

The UNCP CARE Resource Center includes an on-campus food pantry open to students, faculty, staff and community members. Students are welcome to visit the pantry twice per month, while faculty and staff are welcome once per month. Community members who wish to receive food services are required to attend monthly educational workshops focused on life and career-development skills. Upon completion of each workshop, participants will be awarded a CARE Resource voucher to use at the pantry. Though the CARE Resource Center is housed under the Office for Community and Civic Engagement, it is primarily managed by student workers and student volunteers.



Academic Service-Learning

Academic service-learning is a teaching and learning strategy that integrates meaningful community service with instruction and reflection to enrich the learning experience, teach civic responsibility and strengthen communities. At UNCP, faculty and students take part in service-learning to enhance learning and achievement in a wide variety of majors and minors, supported through a partnership between UNCP's Office of Academic Affairs and the Division of Student Affairs. Faculty and students benefit from service-learning in many ways. It helps you become someone who has the perspective and tools to solve problems and skills that will set you apart in your professional life. What's more, it gives you the opportunity to develop your personal goals and values at the same time you accomplish your academic goals. Finally, service-learning empowers you to take part in the life of our community, as an informed voter, a team player and an effective leader.

“Community and Civic Engagement helped solidify my very thought of service impact. As a student, I was able to find purpose and meaning in serving others. Through service, I know that my career will be successful. By engaging in the needs of our community, I was able to understand the impact we can make in our community.”

- Cadence Oxendine



163

Total CEL-Sponsored Events

465

Events Hosted/Co-Hosted by
Student Groups

2,652

Active Student Group
Memberships

Campus Engagement & Leadership

Campus Engagement & Leadership (CEL) is committed to changing lives through education by realizing the Division of Student Affairs mission and goals of empowering students to succeed, facilitating active learning, developing cultural appreciation, promoting responsible citizenship and ensuring a robust campus experience for student engagement.

Programming

CEL offers a variety of programming opportunities for the campus community throughout the year. As a team, CEL encourages students to actively engage in opportunities that embody the spirit and purpose of the community and celebrate the culture of the campus.

Leadership Education

LEAD Fellows

As an extension of CEL, LEAD Fellows provide peer-to-peer opportunities for experiential learning with a theoretical foundation based on the Social Change Model of Leadership. In order to promote leadership as a collaborative, purposeful, values-based, relational process, LEAD Fellows focus on programs that engage students with a variety of abilities and engagement levels, with appropriately designed opportunities to develop their leadership capacity.

Distinguished Speaker Series

The Distinguished Speaker Series, hosted by CEL, is designed to enhance the environment of the university and local community by engaging thought-provoking speakers in discussions on various topics of cultural, political and social importance. Previous speakers include: Sterlin Harjo, Tatanka Means, Bakari Sellers, Joy Harjo and Diane Guerrero.



92% of students surveyed felt CEL events helped to advance their personal development.

Student Organizations

UNC Pembroke has over 100 recognized student groups for students to explore interests and passions. UNCP has everything from student government, special interest groups, fraternities and sororities, scholastic and professional honorary societies, departmental clubs, cultural and identity interest groups, religious organizations and sports and recreation clubs.

Fraternities and Sororities

Through fraternities and sororities, UNCP promotes academic excellence, community service, cultural awareness and fosters camaraderie. The organizations represented at UNCP include the fraternities and sororities within the College Panhellenic Association, the Diversified Greek Council, Hok Nosai, Interfraternity Council and National Pan-Hellenic Council.



Student Government Association

The Student Government Association represents and safeguard the interests of students. It is a political organization providing students with an avenue for action on matters pertaining to student rights and welfare.

15 Total Greek Chapters
8 Sororities
7 Fraternities
>100 Programs Sponsored



22

Pieces of
Legislation Passed
(New SGA Record)

“As an alumna, I so enjoyed hearing from other alumni about their connection with the school. Their experiences resonated with me and I was so glad to be in the room with current students, the chancellor, alumni, faculty, staff and other stakeholders to witness the true testament of how great this university really is. It encouraged my faith in our school.”

100%

Student Employees
Retained for second
straight year

257

Esports Sessions in
the Hawks Nest

1,067

Shopping Shuttle
Rides Provided

1,729

Bike Rental Rides

977

Student Reservations

2,286

Faculty/Staff
Reservations

James B. Chavis Student Center



The James B. Chavis Student Center encourages and supports the educational, social and cultural enrichment of students by creating an environment of opportunity for student, faculty, staff and community interaction. The center is more than just services and facilities. It is also people and programs. The Student Center gives the entire university community a place to build community, create culture and develop character.

Transportation Services

The James B. Chavis Student Center provides transportation assistance to campus residents:

- Shuttle service for local shopping needs and transportation to and from regional airports
- Maxi-Van and mini-bus rental
- Bicycles and tri-wheeler shopping bikes day rental

Hawks Nest Recreation Center

Located on the first floor of the Chavis Center, the Hawks Nest recreation center offers fun-filled games and exciting activities to campus residents as well as friends and visiting guests, including:

- 8 Bowling Lanes
- Video Gaming
- Competitive Foosball
- 5 Billiards Tables
- Esports Arena
- Ping Pong

Dining

BraveNation has a variety of on-campus locations to relax and refuel. Three dining locations are within the James B. Chavis Student Center.

- Dining Hall
- Brave's Place
- Chick-fil-A

Meeting Places

The Chavis Center isn't just a great place to relax and hang out. It also offers lots of meeting spaces for individuals and groups to host their next activity:

- Conference and meeting rooms with audio and video setup, lecterns and wireless access
- Faculty lounge and Chancellor's Dining Room provide formal atmosphere for special occasions that require meals
- UC Annex Assembly Room is a ballroom suitable for to everything from conferences to presentations to dances



Housing & Residence Life

Housing & Residence Life offers students a clean, safe and inclusive living environment on campus, that is interactive and conducive to academic, educational and social growth and development. Students who become actively involved in their residential community will discover a variety of programs and social activities to complement their educational pursuits and enhance their on-campus living experience.

SpiritFest

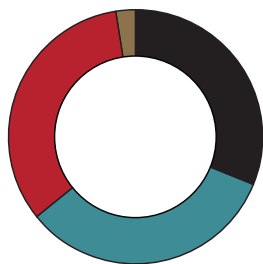
Housing & Residence Life and the Residence Hall Association student organization hosted SpiritFest, a homecoming kickoff celebration. Prizes, inflatables, food and games were all part of this annual event.



BraveNation Music Bingo

Over 400 students participated in our annual BraveNation Bingo event. This event allowed students to learn more about UNCP and helped to build a sense of belonging among students on campus. Participants were able to use this event as a fun opportunity for networking with others.

410 Total Programs



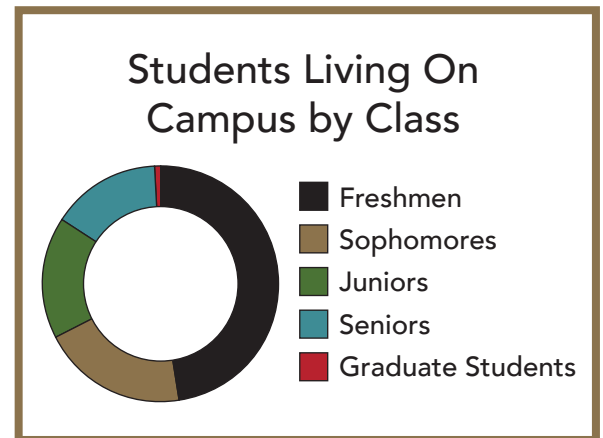
- 128 Social and Educational
- 136 Campus Connections
- 136 Community Gatherings
- 10 Other

5 Residence Halls

1 Apartment Complex



Implemented new Brave Residential Experience Engagement model to connect, engage and build community within residential halls.



36
Resident Advisors

3.065
Average Resident Advisor GPA

Campus Recreation

Campus Recreation compliments the learning experience by providing our diverse campus community the opportunity to develop a healthy active lifestyle through positive social interactions, lifelong wellness education and innovative and inclusive recreational programming. Students at UNC Pembroke have the opportunity to participate in intramurals, club sports, adventureships and can make use of the Campbell Wellness Center and the Aquatics Center.

Intramurals

Intramural Sports offer the opportunity for participants to compete against their peers in a friendly and structured environment through more than 25 different league sports and special events each year.

League Sports

You can compete in leagues and tournaments for the desirable UNCP Campus Recreation Championship T-shirt or play in recreational leagues to learn a new sport, just have fun and meet new friends. We offer flag football, basketball, soccer, volleyball, softball and a host of others.

Tournaments/Special Events

You can play as an individual or as a team in one- or two-day tournaments and contests in a variety of creative sports and games such as disc golf, cornhole, spikeball, ping pong and various video game tournaments.

Club Sports

Compete against other colleges and universities at the local, state and national levels in club sports teams:

- Basketball (men's and women's)
- Bowling
- Powerlifting
- Soccer (men's and women's)
- Swimming
- Tennis
- Volleyball (women's)

Other Activities

Campus Recreation also offers fitness classes, virtual fitness, indoor rock climbing, a disc golf course and activity trips including white water rafting and zip lining.

Some Fitness Classes Include:

- Aquatic Yoga
- Water Aerobics
- Yoga
- Zumba



8 Club Sports Offered

37 Intramural Sports Offered

577 Fitness Class Sessions

118

Club Team Members

396

Intramural Teams Competed

4,035

Fitness Class Participations

42,862



Total Participation (Program and Facility Use)

2,920



Aquatic Center Usage

Fitness and Wellness

Campus Recreation, in collaboration with Student Health Services and Counseling and Psychological Services, has worked toward a campus-wide Wellness Initiative. This project aims to focus on the fitness and wellness of students as a whole.

F45 Training Platform

Specifically curated cardio workouts use functional movements, timing and tempo to blast both your aerobic and anaerobic systems, resulting in fat burning, muscle building and metabolism boosting 45-minute sessions.



The Career Center

The Career Center changes lives through education by partnering with campus and employer constituents to help students with their career development needs and achieve their career goals by deciding on their majors and implementing action steps for obtaining internships, jobs or postgraduate studies.

Core Services

- One-on-One Career Planning
- Internships and Job Search
- Career and Skill Assessments
- Career Development Workshops
- Mock Interviews
- Resume and Cover Letter Reviews
- Graduate School Prep

Programs

The Career Center hosted 95 career events to include workshops on resumes and cover letters, career/major exploration, professionalism, career readiness and graduate school prep.

The center hosted their annual JCPenney Suit-Up event on March 26, 2023 at Cross Creek Mall in Fayetteville, NC. More than 100 students participated in online and in-person shopping and over \$1000 in Professional Clothing Scholarships were awarded to students in attendance.



1,384

Career Advising
Appointments





89% of 2023 graduating seniors engaged in experiential learning during their time at UNCP by participating in one of the following experiences: enrolled in any service-learning or internship course or held a student employment or work-study contract.



8 Career Fairs Hosted

700+ Students Attended Career Fairs

252 Employers Represented at Career Fairs



68,992 Jobs Posted on Handshake

955 Employers Added to Handshake

136 On-Campus Jobs Posted on Handshake

19,188 Internships Posted on Handshake



DIVISION OF STUDENT AFFAIRS

CAMPUS ENGAGEMENT & LEADERSHIP

Chavis Student Center 243 | uncp.edu/cel
☎ 910.521.6482 | ✉ cel@uncp.edu

CAMPUS RECREATION

Jones Health and Physical
Education Center 1192
uncp.edu/campusrec | ☎ 910.775.4572
✉ campus.recreation@uncp.edu

CAREER CENTER

Chavis Student Center 221
uncp.edu/career | ☎ 910.521.6270
✉ career@uncp.edu

COMMUNITY & CIVIC ENGAGEMENT

Dogwood Building | uncp.edu/cce
☎ 910.521.6163 | ✉ cce@uncp.edu

CONSULTATION, ADVOCACY, RESOURCE AND EDUCATION (CARE) TEAM

University Center Annex 221
uncp.edu/care | ☎ 910.775.4180
✉ care.team@uncp.edu

COUNSELING & PSYCHOLOGICAL SERVICES (CAPS)

Brave Health Center | uncp.edu/caps
☎ 910.521.6202

HOUSING & RESIDENCE LIFE

Chavis Student Center 210
uncp.edu/housing | ☎ 910.775.4253
✉ housing@uncp.edu

JAMES B. CHAVIS STUDENT CENTER

Chavis Student Center 210
uncp.edu/uc | ☎ 910.521.6584
✉ uc@uncp.edu

STUDENT CONDUCT

University Center Annex 221
uncp.edu/studentconduct
☎ 910.521.6851
✉ studentconduct@uncp.edu

STUDENT HEALTH SERVICES

Brave Health Center
uncp.edu/shs | ☎ 910.521.6219
✉ shs@uncp.edu

STUDENT INCLUSION & DIVERSITY

Old Main 124 | uncp.edu/osid
☎ 910.521.6508 | ✉ osid@uncp.edu

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