

FACILITIES Newsletter

Apr./May/June

Vol 2, Issue 1

The Serenity Garden
is located in the
Health Center



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Employee Recognition

WE NEED YOUR NOMINATIONS
for June Employee of the month



Meet Doug Locklear from Facilities Maintenance-Grounds



Upcoming Event!

The following Holidays will be observed by the university and normal business operations will be closed.



WELCOME NEW STAFF

Friday June, 21th, 2024



James Ball joined the Facilities Department as a Building Environmental Services Technician in the Grounds Department on April 1, 2024. James previously worked at C & F Custom Cabinets in Hope Mills, NC. James holds a Associate Degree in Landscape Gardening from Cape Fear Community College.

Aaron Mears joins UNC Pembroke as Facility Maintenance Technician in the Housing Maintenance Department on April 15, 2024. Aaron previously worked eight years at Quickie Manufacturing Corporation. Aaron was very excited to join the UNCP team.



Meet Staff

Meet Vincent Garzo!

Vincent is our Grounds Manager for the Operations team. Vince manages a department of 16 full time employees as well as, a seasonal labor force of up to 12 employees. Vince not only mentors his lead employees by providing guidance and support, but he also empowers them to make important decisions on their own.

Vincent's willingness to assist showcases his dedication to maintaining a safe and well-functioning environment, but it also fosters a sense of camaraderie among his team. By jumping in to help with tasks outside of his official responsibilities, Vincent sets an example of teamwork and collaboration, encouraging his employees to support one another and go above and beyond for the success of the team.

EARTH DAY 2024



Earth Day took place on April 22, 1970, marking the birth of the modern environmental movement. It was a response to growing concerns about pollution, deforestation, and the depletion of natural resources. Since then, Earth Day has become a global event, raising awareness and inspiring action to protect our planet for future generations.

By planting a tree on Earth Day, the UNCP students and Facilities Staff not only contribute to the overall health of the environment by increasing oxygen levels and reducing carbon dioxide, but they also beautify the campus and provide shade for future generations of students. This act of tree planting demonstrates their commitment to sustainability and inspires others in the local community to take action towards a greener future.



Initial Training for Powered Industrial Truck:



On Monday, May 13, 2024, the Environmental Health & Safety Department provided Training for Powered Industrial Truck Training



The training session covered a range of topics related to powered industrial trucks, including safe operation and maintenance procedures, proper load handling techniques, hazard identification and control, and the importance of following OSHA regulations and industry standards



Employee of the Month of April

Amanda Spayd is an absolute professional that daily manages million-dollar budgets for multiple construction projects simultaneously. She focuses on the needs of the University to ensure UNC-P receives the highest level of customer service and quality construction. She also does a phenomenal job establishing projects through Interscope input, meeting all project milestones, and deadlines and successfully managing fiscally constrained budgets.

Amanda ensures everyone is situationally aware of project statuses, issues and works to resolve conflicts effectively and timely. Amanda readily embraces the university's core values and holds herself accountable and daily collaborates with others. Additionally, she looks for novel methods to complete projects within their budget, project scope and schedule. She is emphatically dedicated to providing great professional service on behalf of the University.



The Nominees for April Employee of the Month: Tammy Barton, Mitch Bryant, Jeremiah Chavis, Kevin Cousineau, Grover Hunt, Nakuma Locklear, Wade Monroe, Amanda Spayd, James Strickland, Ronnie Strickland

Employee of the Month of May



Jeremiah Chavis is an exceptional employee of the month nominee. He is an individual who goes above and beyond in his work. Jeremiah's unwavering commitment to excellent and exceptional work has truly set him apart. He consistently goes above and beyond his responsibilities, consistently exceeding expectations and delivering outstanding results. Jeremiah's positive attitude and willingness to support his colleagues make him an invaluable asset to our team. We are proud to have Jeremiah as a member of our team, and his contributions make him a deserving recipient of this well-earned recognition.

The Nominees for April Employee of the Month: Tammy Barton, Doug Locklear, Jeremiah Chavis, Channing Alred, Ronald Locklear, Matt Greene, James Strickland

Employee of the Month of June



Doug Locklear maintains all landscape areas in the complex, and he does not require any assistance by way of day-to-day direction, chemical use, application rate, or schedules. Doug monitors all activities that occur on the field so he can stay in tune with needs that may arise after practices and events are completed. The football complex is visited by potential students and their families weekly. The condition of the complex is utilized as a recruiting tool for potential students, so it must always look great even when not in use.



Doug has built relationships with football staff since the program was reintroduced at the University. Doug is the face of Facilities and represents the department in a professional manner. Doug sets a positive example by not getting involved in the various employee personalities that tend to produce a negative culture. He leads by being quiet, focusing on his assignments, working hard, and being constantly productive. Doug has been with the University since January 2007. He has always been a steady worker, someone who does not mind working and can manage the pressures that sometimes come with the job.

The Nominees for June Employee of the Month: Steven Locklear, Craymon Strickland, Doug Locklear, Julia Hunt, Latisha Eddings, Tammy Barton, Deborah Jones, Billie Jones, Clenny Jones, Ronnie Strickland



James Everett Strickland retired on May 31, 2024, after 22 years as a Facility Maintenance Technician in Facilities Operations & Maintenance. Since his arrival at the university in 1992, James Everett Strickland has been dedicated and hardworking. He has been instrumental in maintaining and improving our facilities and he will be greatly missed. We thank him for his years of service and wish him all the best in his retirement.

Facilities Highlights



Mitch Bryant and Timothy Kamalu worked on landscaping around DF Lowry during the morning of Friday, May 17, 2024. By the end of the morning, Mitch Bryant and Timothy Kamalu had made significant progress towards the landscaping project. In addition to successfully trimming the existing hedges, they used precise pruning techniques to shape and sculpt the hedges, resulting in a clean and uniform appearance. Mitch and Timothy expertly used hedge trimmers and hand pruners to carefully remove excess growth and create defined edges, enhancing the overall aesthetic.

On May 17, 2024, the **HVAC/Electrical departments** worked on the disconnect change-out replacement project for the chiller and electrical meter upgrade for the BAS system, to read KW consumption, for the Oxendine Science Building. This was successfully completed, ensuring improved functionality and efficiency in the building's chiller operation and electrical system.



John Carter and Nakuma Locklear applied silicone around the windows at North Hall using an aerial lift on Friday, May 24, 2024. They carefully applied the silicone using a caulking gun, ensuring a precise and even distribution along the edges of the windows. The use of the aerial lift allowed them to reach the higher windows with ease, ensuring that every window was properly sealed.

On Thursday, June 20, 2024, **Facilities Management** worked together to load, unload, and assemble new furniture at James Chavis Student Center. Each team member had a specific role: some were responsible for coordinating the logistics and ensuring the furniture was delivered to the right location, while others focused on carefully unpacking and assembling the pieces according to the provided instructions.



Share the Love

Facilities Management and Operation came together to bid farewell to Lou Nelon. Lou has accepted a position with Wake County Public Schools. During Lou's time as Facilities Superintendent, he made significant contributions to the success of Facilities Management and Operations. His expertise in managing trades and his dedication to maintaining a well-functioning facility have greatly benefited the team. Lou's departure will undoubtedly leave a void, but his impact and legacy will always be remembered.



Thank you to the Facilities Management for making this event a success. We would also like to express our gratitude to Shana, Ro'Darius, Dwayne, Victor, Mark and Sarah for their hard work and dedication in ensuring the smooth running of this event.



Do not forget to be positive and motivating, but above all, do not forget to share the love



Beat the Heat

Although the springtime temperatures are comfortable for most, it may be deadly for others—especially those who work outside in the direct sunlight or in buildings/areas with no air conditioning. Exposure to heat can cause illness and death.

How Your Body Reacts to Hot Conditions

Four environmental factors affect the amount of stress a worker faces in a hot work area:

- Temperature
- Humidity
- Radiant Heat (such as from the sun or a furnace)
- Wind speed

Individuals with high blood pressure or some heart conditions and people who take diuretics (water pills) may be more sensitive to heat exposure.

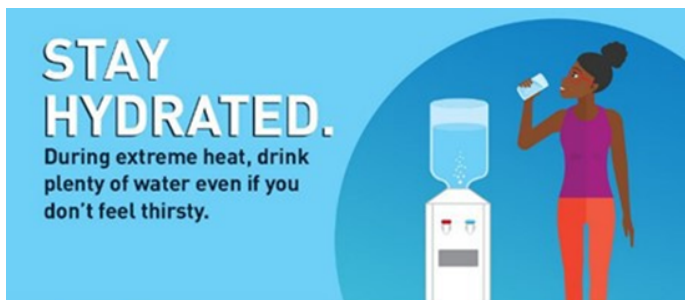
The body defends itself from heat through three mechanisms: breathing, sweating, and changing the blood flow.

The first reaction is to circulate blood to the skin, which increases skin temperature and allows the body to give off some heat. During heavy work, muscles need more blood flow, which reduces the amount of blood available to flow to the skin and release the heat.

Sweating also helps the body to cool off, but only when the humidity levels are low enough to allow the sweat to evaporate and if water and salts lost through sweating are replaced.

Heat Stress Disorders

When the body becomes overheated, a condition of heat stress exists. Heat stress can lead to a number of problems, including heat exhaustion, heat stroke, heat cramps, fainting, or heat rash. Many people confuse these disorders, but it is important to be able to recognize each one and know what to do when it happens.



Heat Exhaustion

Heat exhaustion happens when a worker sweats a lot and does not drink enough fluids, take in enough salt or both. The simple way to describe the worker is wet, white and weak.

Signs and symptoms

- Sweaty
- Weak or tired, possibly giddy
- Nauseous
- Normal or slightly higher body temperature
- Pale, clammy skin (sometimes flushed)

What to do

- Rest in a cool place
- Drink an electrolyte solution, such as Gatorade or another sports drink. Avoid caffeinated beverages such as colas, iced tea or coffee.
- In severe cases involving vomiting or fainting, call Campus Police 910-521-6235 or 911 and have worker taken to UNCP Health Center



Heat Stroke

Heat stroke is the most serious health problem for people working in the heat, but is not very common. It is caused by the failure of the body to regulate its core temperature. Sweating stops, and the body can not get rid of excess heat. Victims will die unless they receive proper treatment promptly.

Signs and symptoms

- Mental confusion, delirium, fainting, or seizures;
- Body temperature of 106°F or higher; and
- Hot, dry skin, usually red or bluish color.

What to do

- Call Campus Police 910-521-6235 or 911 phone immediately and request assistance;
- Move victim to a cool area;
- Soak the victim with cool water; and
- Fan the victim vigorously to increase cooling.

Distracted Driving

Stay Focused!

As an employee of UNCP, you may be tasked with driving a University vehicle or golf cart. It is important that you make driving that vehicle or golf cart your number one priority; this means no distractions, including, but not limited to, things like using a cell phone (talking or texting), eating, drinking, adjusting the radio or other controls, or dealing with a navigation system or GPS. Distracted driving is anything that takes your attention away from the task at hand- driving. Studies have shown that distracted driving can be just as dangerous as drunk driving. According to the National Safety Council, every seven seconds someone is injured in a car crash, and every 15 minutes someone is killed in one.

The reason distracted driving is so dangerous is because of what can happen on the road in a matter of seconds. Texting or reading a text can take a motorist's eyes off the road for approximately five seconds. Doing so while driving at a speed of 55 mph equals traveling the distance of an entire football field (end zones included) with closed eyes.



While the speed here on campus is much lower, a lot can happen in five seconds- Especially considering the high volume of foot and bike traffic. Here are some helpful tips for safe driving:

- Make vehicle adjustments before your trip. Changing settings on mirrors, and music stations, or inputting addresses onto a GPS are as dangerous as texting. Both take your eye off the road and focus your cognitive ability on something else.
- Put aside electronic devices; cell phones should never be used while driving.
- Avoid eating or putting on makeup while driving.
- Speak up if you observe a driver in your vehicle driving distractedly.

Truths About Cell Phone Distracted Driving

1. Multitasking is a myth. Our brains cannot process two mentally demanding tasks at once.
2. The area of our brain that processes moving images decreases by one-third when talking on the phone.
3. Cell phone users are four times more likely to be involved in a crash.
4. Drivers talking on cell phones miss seeing half of what's around them including red lights, stop signs and stopped traffic.
5. There is no safety benefit to hands-free use.
6. Cell phone use is more distracting than listening to the radio or talking to passengers.
7. Car crashes are the #1 cause of workplace fatalities.
8. No cell phone use – calls, texts, social media or apps – is worth a life.
9. Voice recognition features like voice-to-text, changing music and navigating are even more distracting than talking on the phone.
10. **Safety is our #1 priority.**

UNC PEMBROKE

On-Campus Surplus Sale Dates
for Calendar Year 2024

All Sales are from 9:00am - 11:00am

Month	Date	Day	Comment
January	18	Thursday	Rescinded
February	15	Thursday	
March	21	Thursday	
April	18	Thursday	
May	16	Thursday	
June	20	Thursday	Cancelled
July	18	Thursday	
August	15	Thursday	
September	19	Thursday	
October	17	Thursday	
November	21	Thursday	
December	19	Thursday	

IMPORTANT INFORMATION TO KNOW BEFORE ATTENDING A SALE



New Employee Onboarding

Monday, July 1 and Tuesday, July 2

Monday, July 15 and Tuesday, July 16

Monday, August 19 and Tuesday, August 20

Monday September, 3 and Tuesday, September 4

Bi-weekly Leave Reports Due by 12 Noon

Monday, July 1

Monday, July 15

Monday, July 29

Monday, August 12

Monday, August 26

Monthly Leave Reports Due by 5 p.m.

Friday, June 28

Wednesday, July 31

Friday, August 30

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