

iNSPIRE

LEADERSHIP SUMMIT

Welcome to iNSPIRE 2025!

Welcome to the iNSPIRE Leadership Summit!

This summit is designed to inspire student leaders through the principles of transformational leadership inspired by Dr. Martin Luther King Jr.'s legacy. Together, we'll explore leadership foundations through engaging, hands-on sessions that encourage personal and professional growth.

All workshops are centered around transformational leadership themes and connect to Dr. King's values, emphasizing the impact of leadership in action. Students who participate in leadership and community engagement experience greater personal growth, academic success, and meaningful relationships that positively shape their college journey.

Transformational leadership is a style that helps leaders inspire and motivate others to reach their best potential. It's all about working for the greater good and encouraging positive change.

1. Role Model (Idealized Influence)
2. Inspiring Others (Inspirational Motivation)
3. Thinking Outside the Box (Intellectual Stimulation)
4. Mentoring (Individualized Consideration)

Summit Objectives:

- Enhance student leadership capabilities through dynamic and interactive sessions.
- Inspire students to implement Dr. King's values in their personal and professional lives.
- Foster a community of leaders committed to creating meaningful change.

SCHEDULE: Monday, JANUARY 20, 2025

8:30 A.M. Continental Breakfast | Student Center Annex

9:00 A.M. Welcome | Student Center

9:10 A.M.-9:55 A.M. Sessions | Student Center

- It's Time to Roll Into Your Role
- Pipeline to Prison: From Desks to Bars
- Strengths & Support: Growing Together

9:55-10:05 A.M. Break

10:05 A.M.-10:50 A.M. Sessions | James B. Chavis Student Center

- Seeds of Hope: Growing Community Change Through Service
- Stress for Success: Mastering the Good Managing the Bad
- Just One of the Boys: Exploring the Decline in Male Achievement and its Social Impacts

10:50-11:00 A.M. Break

11:00 A.M.-11:45 A.M. Sessions | James B. Chavis Student Center

- Thriving in College: Balancing Self-Care & Success
- Keep Going, Keep Growing: Inspiring Resilience and Belonging
- Imperceptible Struggles: Illuminating Realities of First-Generation Students

12:00 P.M. Lunch | Student Center Annex

12:30 P.M. Keynote Address | Student Center Annex

9:10 A.M. - 9:55 A.M. Sessions | James B. Chavis Student Center

It's Time to Roll Into Your Role | Room 213

Presenter: Destiny Holder

This session focuses on becoming a role model others admire by setting high standards, being inspirational, respected, and dedicated. Participants will explore the key characteristics of a leader and learn how to become a role model by developing a growth mindset, leading by example, and empowering others. The session includes an interactive presentation highlighting these traits and skills, followed by live polls and interactive quizzes where participants can win motivational prizes and fun treats.

Pipeline to Prison: From Desks to Bars | Room 208

Presenter: Laila Watson

Every day, children are funneled into a system that strips them of their futures. This workshop takes you on an emotional journey through the school-to-prison pipeline, revealing how minor infractions lead to arrest and incarceration. Through immersive simulations, real-life testimonies, and chilling statistics, you'll feel the pain and urgency of dismantling this destructive cycle. By the end, you'll be armed with the knowledge and commitment to ensure no child's future is ever again stolen by the pipeline.

Strengths & Support: Growing Together | Room 251

Presenters: Galilea Ruiz-Villagomez & Tonya Juarez

This session will center on our shared passion for inspiring minority students, particularly first-generation college students like us. This session aims to remind participants of their strengths, empower them to collaborate, support one another, and seek help during their time at UNCP. What makes this session unique is the opportunity for minority students to connect with others who share similar experiences, fostering a sense of community and belonging. Through meaningful dialogue, we hope to inspire participants to uplift others and build confidence in their roles as students at UNCP.

10:05 A.M. - 10:50 A.M. Sessions | James B. Chavis Student Center

Seeds of Hope: Growing Community Change Through Service | Room 213

Presenters: Lydia Mansfield & Tkaii Gaither

Each of us has the power to nurture change and inspire others in our communities. Come plant your seed of hope as we envision and discuss how small, intentional acts of service plant the seeds for meaningful community change.

Stress for Success: Mastering the Good Managing the Bad | Room 208

Presenters: Clariana Moore, Aziza Matos, Mary Guzman, Ramiyah Lawrence, Tonya Juarez, & Auley Abudayya

Discover the difference between good stress and bad stress in this session. Learn practical strategies to channel positive stress as a source of motivation while effectively managing bad stress to maintain balance and well-being.

Just One of the Boys: Exploring the Decline in Male Achievement and its Social Impacts | Room 251

Presenter: Cherish Williams

Over the past few decades, women have increasingly outnumbered men in universities and out-earned them in many professional fields. Meanwhile, young men face unique challenges that influence their educational and social experiences. In this session, we'll explore these issues, engage in a reflective activity to examine our roles in addressing them, and discuss potential strategies to promote understanding and positive growth.

11:00 A.M. - 11:45 A.M. Sessions | James B. Chavis Student Center

Imperceptible Struggles: Illuminating Realities of First-Generation Students | Room 213

Presenters: Beibhinn Redecker, Gabriel Merino, & Laila Watson

This session will center on our shared passion for inspiring other first-generation college students. Taking aim to remind participants of their strengths, empower them to collaborate, support one another, and seek help during their time at UNCP. What makes this session unique is the opportunity to connect with others who share similar experiences, fostering a sense of community and belonging. Through meaningful dialogue, we hope to inspire participants to uplift others and build confidence in their roles as students at UNCP.

Keep Going, Keep Growing: Inspiring Resilience and Belonging | Room 208

Presenter: Julisa Hernandez Feria

Join this heartfelt session as I share my journey of navigating life far from home, balancing college, work, and internships, and overcoming challenges as a first-generation Hispanic student. Hear how I turned obstacles into opportunities and found strength in community and campus resources. Through relatable stories and motivational insights, discover that you are not alone in your struggles and that your dreams are within reach. Leave feeling empowered to embrace your journey, inspire others, and take pride in the steps you're taking toward your goals.

Thriving in College: Balancing Self-Care & Success | Room 251

Presenters: Jessica Obi & Owen Phillips

College life is a whirlwind of academic challenges, extracurricular commitments, and social responsibilities, often leaving little room for self-care. This session is designed to equip students with practical tools to navigate these pressures while maintaining their overall well-being. Discover strategies for effective time management, setting boundaries, and creating a balanced routine that prioritizes mental, emotional, and physical health. Topics will include stress management, the role of sleep and nutrition, mindfulness practices, and seeking support when needed. Join us to gain actionable insights and walk away ready to thrive in a balanced and fulfilling college journey.

12:30 P.M. - 1:00 P.M. Keynote Address | James B. Chavis Student Center Annex

Keynote: Madison Wilcox, 2016 UNC Pembroke Alum

Madison, a native of Robeson County, graduated from UNC Pembroke in 2016 with a Bachelor of Science in Exercise and Sport Science. She continued her education at East Carolina University, graduating in 2018 with a Master of Science in Occupational Therapy. While at UNCP, Madison was involved in several organizations and co-founded the Sports Empowerment Program that continues annually. She has since been named Young Alumna of the Year for 2023 and is now a Pediatric Occupational Therapist providing services that center child-led, relationship based, and neurodiversity affirming care.



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GUEST KEYNOTE SPEAKER



Madison Wilcox
2016 UNC Pembroke Alum

The image is a promotional graphic for the iNSPIRE Leadership Summit. It features a black background with white and gold text. At the top, the word 'iNSPIRE' is written in a large, bold, sans-serif font, with the 'i' in a smaller, lowercase font. Below it, 'LEADERSHIP SUMMIT' is written in a smaller, bold, sans-serif font. Underneath that, 'GUEST KEYNOTE SPEAKER' is written in a bold, sans-serif font. In the center, there is a square photograph of a woman with long blonde hair, wearing a red cardigan with small white floral patterns, smiling and standing outdoors with trees in the background. Below the photograph, the name 'Madison Wilcox' is written in a bold, italicized, sans-serif font, and '2016 UNC Pembroke Alum' is written in a smaller, bold, italicized, sans-serif font.